



TUNING SESSIONS

DEEP IMMERSIVE
MUSICAL JOURNEY

Calm, clarity & flow in 20 – 45 min.

Bloom & Huda are an artistic duo blending music, art, psychology, and science.

For their ReCharge experience (*Museum de Fundatie, 18,000+ visitors*) they teamed up with scientists from Groningen University to research the effects on visitors.

Peter Bloom (formerly Delic) is an award-winning producer and visual artist.

Huda is a singer & artistic director with a background in psychology.

Together, they create curated experiences that uplift the spirit and calm the mind.



TUNING SESSIONS



20-45 minutes



Blindfolds



10-300 participants



Musical journey



WHAT IS A TUNING SESSION ?

Guided deep-listening sessions with music & blindfolds — a focused reset in 20–45 min.

Immersive music journey infused with 3d audio, binaural beats & psycho-acoustic effects.

- Guests lie down or sit comfortably
- Blindfolds and headphones create deep focus
- Guided intro leads the audience inward
- An immersive listening journey follows
- Afterwards there is space to reflect

EFFECT

**Aims to inspire and restore clarity.
Guests leave creatively recharged.**

- Nervous system reset
- Revitalization through use of theta frequency
- Renewed clarity
- A sense of inner spaciousness



FOR WHO ?

For museums, brands, teams, and audiences who want a premium, calming experience at scale.

- Cultural venues
- Wellness spaces & retreats
- Museums and immersive programming
- Forward thinking companies / team sessions
- Private groups



WHAT MAKES IT UNIQUE

- Original music by Bloom & Huda
- Carefully designed psychoacoustic layers
- Proven scientific results - our work is part of active research
- Guided entry into a deep listening state
- Immersive artistic worldbuilding
- Combines art, psychology and science



BACKED BY SCIENCE

Since 2024, the University of Groningen is conducting an ongoing multi-year study on the effects of the binaural beats in our music, led by Prof. A. Sarampalis (*auditory perception, psychoacoustics*) and Dr. K. A. van den Bosch (*soundscape research, educational innovation*).

A key milestone was the 2025 DOT Planetarium study with 300 participants — a world-first at this scale.

Encouragingly, DOT results showed a statistically significant reduction in heart rate and an increase in reported relaxation.

These findings support continued research.

RESEARCH & RESULTS



TECH & SPECS

Technical needs

Power, headphone system + audio routing *

Language

Talk / Q&A by Bloom & Huda	Dutch / English
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Guided voice during experience	English
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Audience

Seated / lying down

Team

Hosted by Bloom & Huda

FOR BOOKINGS, PARTNERSHIPS
OR PROGRAMMING INQUIRIES
- LET'S GET IN TOUCH -



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Bloom & Huda in the media

NPO

Psychologie Magazine

Medisch Dossier